

CoolOver®, Symmetrisleep®, Omnitherm® and Symmslyde®

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Postural Care Positioning & Re-Positioning System . . .
. . . . Taking the strain out of patient handling

User Instructions

Using your Symmslyde system can protect your back, enhance user comfort and reduce the need to constantly reposition. Please read these instructions carefully.

- **Please use the system in accordance with local moving and handling guidelines. Use bed rails as instructed.**
- **If you are not familiar with Symmetrisleep positioning, use the positioning elements as agreed with a competent individual.**
- **Ensure that a risk analysis has been carried out.**
- **You do not need to use a bed sheet with this system.**



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Getting Started

Identifying typical components:



Receptor Sheet

A Velcro like sheet with a panel of slide material

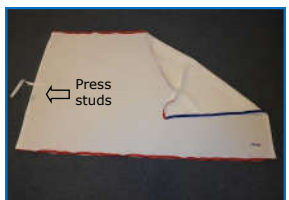
SA9020



Overmantle

Wipe clean surface on top, slide fabric on base. Retaining strap on underside towards head end. Includes Slow Recovery Foam Core with wipe clean membrane.

SA9010



CoolOver® Overmantle Top Sheet

Embroidered logo is top surface.

SA9060



Clip fixing adaptor straps

To work on hoists with fixed pin attachment points. Supplied as a pair.

SA9070



Symmslyde Storage Bag

Will hold a complete overmantle plus 2 CoolOver® top sheets and several Velcro sheets.

SA9080

Cleaning and caring for your Symmslyde

Receptor Sheet

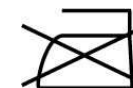
Wash at 40°C (105°F).

Do Not Tumble Dry.

Do Not use Bleach.

Do Not Iron.

Do Not wash with dark colours



CoolOver® Overmantle Top Sheet

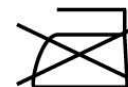
Wash with mild detergents at 75°C (165°F).

LOW Tumble Dry.

Do Not Iron.

Do Not Dry Clean.

Do Not wash with dark colours



Overmantle Cover

Wipe Clean with a soft cloth moistened with water and mild detergent.

Do Not use Bleach or Biological Cleaners.



Foam Core

DO NOT REMOVE the clear membrane from the foam.

Wipe Clean with a soft cloth moistened with water and mild detergent. Do Not use Bleach or Biological Cleaners.



Whilst the client is still supported, add brackets as required.

Raise bed rails to ensure safety.

Working from the hoist side, add further supports as required.

Lower and disconnect the hoist and tuck the overmantle over the brackets.

Using an Overhead Hoist—Position the overhead rail so that it runs ACROSS the bed. Position the cassette directly over the edge of the overmantle that you will be lifting. Then follow the same procedure as for the Mobile Hoist.



Positioning aids—ordered separately

Symmetrisleep brackets, pads and cushions.

Part codes on request

Please Note:

It is not necessary to use a separate sheet with the Symmslyde system. The CoolOver® Overmantle Topsheet is attached with zips, enabling it to be easily removed for washing.

- Wash and dry the CoolOver® Topsheets before first use. Refer to washing instructions on Page 15
- Blue markers indicate the foot end of the bed on the main components.
- Colours may vary from those illustrated.
- The head end is indicated by a label 'HEAD'.
- The Overmantle foam core is covered in a wipe clean, transparent cover - **Do Not Remove.**

Fitting Symmslyde

Step 1 - Setting Up



Receptor sheet



Fit the Receptor sheet to the mattress with the integral **slide sheet** on top and 'HEAD' label at the head end of the bed. The foot end of the sheet has a blue marker to help with orientation.

Tighten the pull cord with a side to side action and fit the optional Velcro straps on the underside of the mattress if required, to secure the sheet centrally and keep it taught.



Underside shown for clarity



Turning with a Mobile Hoist

When using a hoist, use only 2 straps at a time. Do not use the Overmantle as a lifting sling, only for turning.



Stand opposite the hoist to prevent falling.

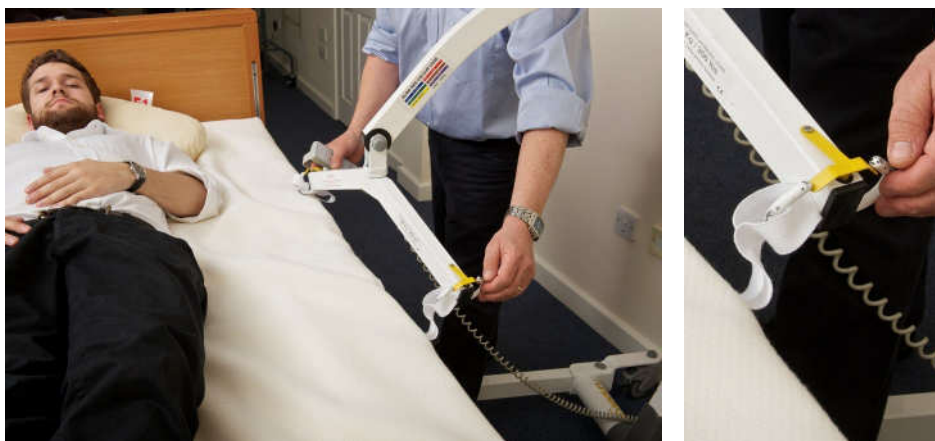
Gently raise the hoist mast to initiate the LIFT and ROLL.

When the client is nearly in a side lying position, you can easily use the slide function to reposition your client in the centre of the bed.



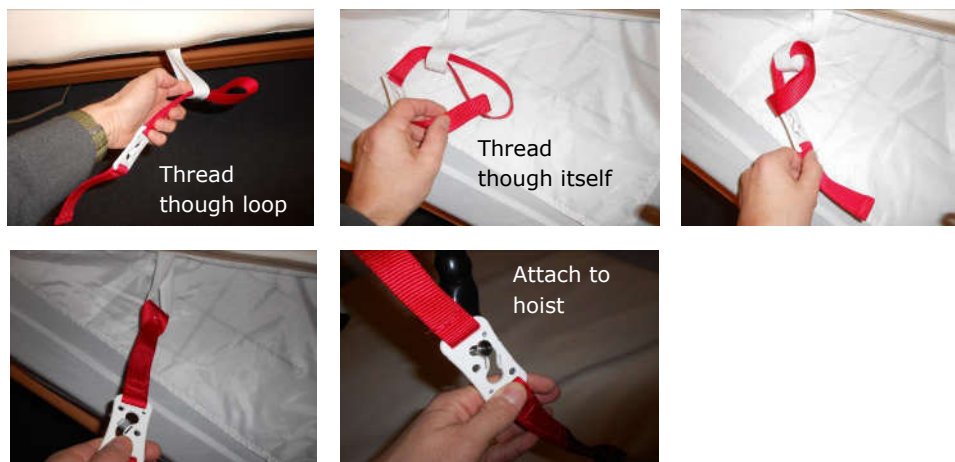
Turning with a Mobile Hoist

Attaching to Hoist



Remove any positioning elements and position client ready for the roll. Connect the hoist to the straps as shown above. Leave the brakes OFF. If using a hoist which uses clip fixings, such as a Poser hanger bar, use the adaptor straps as shown below and fit by threading through a loop on the overmantle, then clip to the hanger bar/ hoist & ensure firmly engaged.

Clip fixing adaptor straps



Fitting Symmslyde

Step 2

Prepare the Overmantle Cover



Fit the Overmantle Cover onto the foam. Ensure the slot in the foam is near the head end and the wipe clean surface is on top.

Find the short strap which is fixed up inside the cover, feed this strap through the slot in the foam, then pull through from the underside.



Underside shown

Zip together at foot end.

Fitting Symmslyde

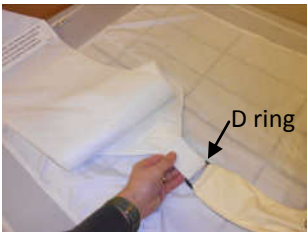
Step 3



Retaining Strap (if required)

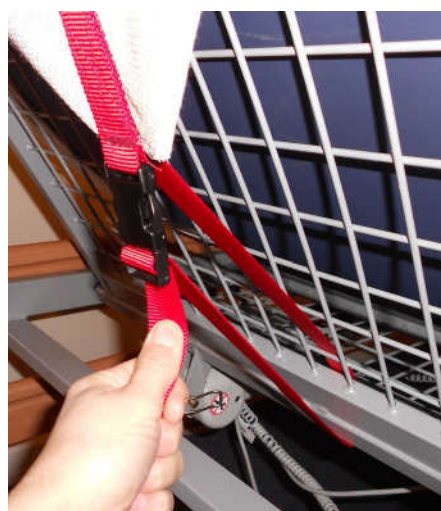


Ensure the Overmantle is the correct way round. 'Head' label at top, blue markers at foot of bed.



Fix the Retaining Strap to the short strap on the underside of the Overmantle, by threading the Velcro through the D ring and re-fastening.

Raise the head end of bed, and position the overmantle as shown. Thread the fixing strap around a secure location on the bed frame, centrally and ideally near the pivot point.



Turning with a Helper

Remove any positioning brackets.

Working with the bed flat, position your client's limbs to facilitate the turn, slide towards you and start the roll using the handles (in line with moving and handling guidelines). Ensure that there is no danger of sliding too far, by using cot sides or a helper at the other side of the bed. Pass the Overmantle top edge to your helper who can complete the roll.

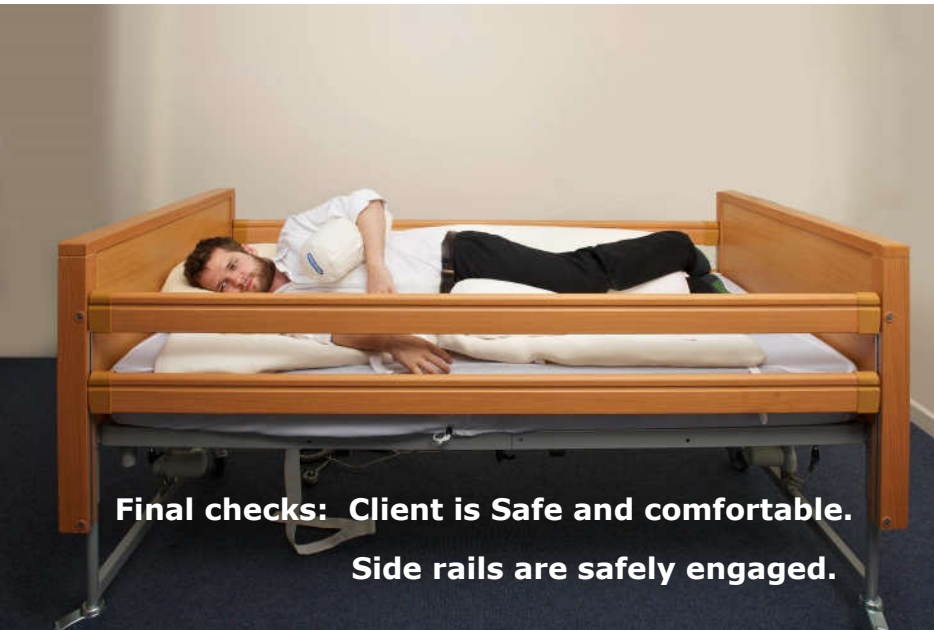


Slide to reposition client in the centre of the bed.

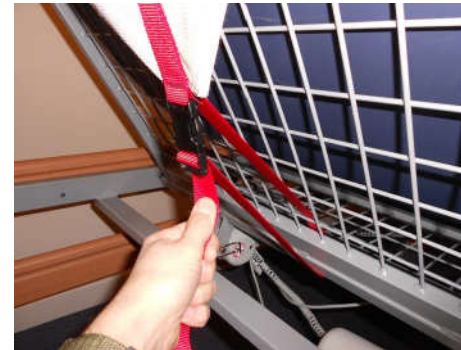
When in position, with your helper holding the top of the overmantle, fit any posterior positioning brackets in the correct position. If you now take the top edge back from your helper, they can fit any anterior brackets. Now you can release the overmantle, smooth it over the brackets and tuck it in around the edges.



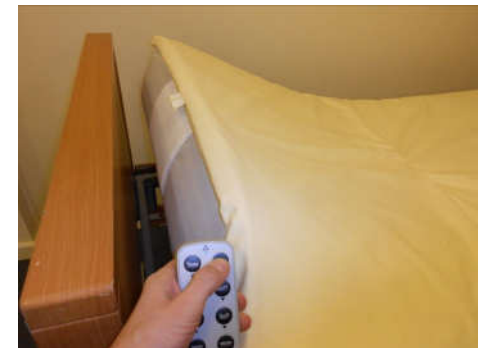
When in position, fit positioning elements and tuck any excess overmantle over the positioning brackets.



**Final checks: Client is Safe and comfortable.
Side rails are safely engaged.**



Clip together and tighten. Tie off any loose ends to make safe.



Raise and lower the bed several times, checking carefully to ensure the strap does not interfere with the bed mechanism.

Ensure the strap is attached to the section of the bed that raises the mattress, not the frame itself.

If you later find that there is a tendency for the overmantle to slip down, when the bed head is raised, position the overmantle further up next time and re-tighten the strap .

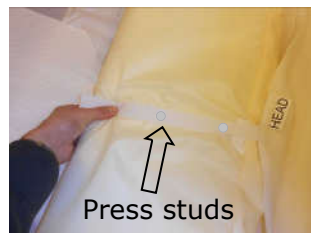
The overmantle should now be in position.

Next, attach the Top Sheet as shown in Step 4 over the page.

Fitting Symmslyde

Step 4

CoolOver® Top sheet



Lay the CoolOver® Top Sheet onto the overmantle with the 'HEAD' label at the head end of the bed. Attach all the press studs to the corresponding studs on the underside of the Overmantle Cover.

Zip both sides of the CoolOver® Top Sheet to the sides of the Overmantle.



Working with Symmslyde

Slide Sheet Function

Make sure there are no positioning brackets in place. Working with the bed flat and the user lying on top of the overmantle, you can now slide the user as required. Simply grip hold of the Overmantle and pull towards you.



Ensure that there is no danger of sliding too far — use cot sides or a helper at the other side of the bed.